

ZEMAN SURGICAL SERVICES

PREPARATORY GUIDELINES FOR DIAGNOSTIC TESTING

CT ABDOMEN W/WO CONTRAST-- You should eat a light supper the evening before you are scheduled for your test. ***DO NOT*** eat or drink anything after midnight the night before your test. Lab work will be done upon arrival in most circumstances, and you will definitely be given contrast to drink. The test will be done 1 to 1 1/2 hours later, and you may have to drink more contrast at that time. You will be at the hospital for approximately 3 hours.

CT PELVIS W/WO CONTRAST-- You should eat a light supper the evening before you are scheduled for your test. ***DO NOT*** eat or drink anything after midnight the night before your test. Lab work will be done upon arrival in most circumstances and you will definitely be given contrast to drink. The test will be done 1 1/2 to 2 hours later, and you may have to drink more contrast at that time. You will be at the hospital for approximately 3 1/2 to 4 hours.

ULTRASOUND OF GALLBLADDER-- ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

HIDA SCAN WITH KINEVAC-- ***DO NOT*** eat or drink anything for 4 hours prior to your scheduled test time. This test will take approximately 2 hours and may make you feel very sick.

SMALL BOWEL FOLLOW THROUGH -- You will need an Evacu-Kit the evening before you are scheduled for your test. You may have a clear liquid supper. ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

UPPER GI-- You will need an Evacu-Kit the evening before you are scheduled for your test. You may have a clear liquid supper. ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

UPPER GI WITH SMALL BOWEL FOLLOW THROUGH-- You will need an Evacu-Kit the evening before you are scheduled for your test. You may have a clear liquid supper. ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

BARIUM ENEMA -- You will need an Evacu-Kit the evening before you are scheduled for the test. You may have a clear liquid supper. ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

BARIUM SWALLOW-- ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

ULTRASOUND OF ABDOMEN-- ***DO NOT*** eat or drink anything after midnight the night before you are scheduled for the test.

ULTRASOUND OF PELVIS-- You must have a full bladder for this test to be done. Try to drink 3 or 4 large glasses of water and ***DO NOT*** go to the bathroom.

ULTRASOUND OR SPOT MAGNIFICATION OF BREAST-- No prep needed.

ULTRASOUND OF PROSTATE-- Lab work (PSA) must be done prior to this test.

ULTRASOUND OF TESTICLES-- No prep needed.

IVP-- You will need an Evacu-Kit the evening before you are scheduled for your test. You may have a clear liquid supper. ***DO NOT*** eat or drink anything after midnight the night before your test. Lab work will be done upon arrival. You will be at the hospital for approximately 1 1/2 to 2 hours.

OUR OFFICE DOES NOT PRE-CERTIFY DIAGNOSTIC TESTING